

MEDICAL EMERGENCY ACTION PLAN

Devon RFU



Medical Emergency Action Plan

Issue draft: Sept 2026

The information in this plan should be shared with all coaches volunteers as well as all visiting teams.

Formal issue: Sept 2026

Club/School/College/ University Name:	Paignton RFC
MEAP for: (e.g. Adult matches, age grade matches days etc.)	Adult matches, age grade matches
Address & Postcode:	Queens Park, Queens Road, Paignton. TQ4 6AT
Sat Nav Postcode / Additional location details for Emer Services:	- TQ4 6AT - What3words: ///smiled.unrealistic.cross
MEAP Lead (main contact):	Chris Lander (Rugby Safe Lead) Email: chris@pulsetherapy.co.uk Mob: 07792 484868
RugbySafe Lead / First Aid Coordinator (if different from above):	N/A

This Action Plan exists to assist in the preparedness and as a guide to be used in the event of a Major Medical Emergency.

This is envisaged to be for rare events where risk to life, multiple lives or life changing injuries are likely. This could be on serious pitch contact type incidents, or spectator/visitor occurrences either pitch side or within buildings e.g. heart attack, multiple crush, vehicle collision, brawl injury, or major facility fire, collapse, explosion or security threat.

Circulation of this plan

First Aiders, Safeguarding Manager, Coaches, Visiting Teams.

Teamwork Respect Enjoyment Discipline Sportsmanship

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Age Group/ Team First Aiders

TEAM	FIRST AIDER NAMES/ CONTACT
U6	Josh Bryan
U7	Stefan Perret
U8	Sam Nelson-Smith, Steve Worth
U9	Adam Groves-Smith, Richard Read
U10	Geoff Reynolds, Liam Gooding, Chantelle Gooding
U11	Martin Bird; Kevin Helley; Danny Stanton;
U12	Andy Sandercock Arran Dyer, Mark Hodge; Pete Apps; Kelly Kalib
U12 Girls	John Moorhouse
U13	Chris Hallet; Nick Baxendale; James Fryer; Kyle Watterson
U14	Jaimie Perry; John Arnold; Edd Barham
U14 Girls	Amber Legendre
U15	Chris Hallett; Matt Vandenbrouck; Daniel Stanton; Jane Entwistle; Dave McDonald
U16	Nathan Rundle; Dan Bickford; Jude Pinder; Sarah Heatherington
Colts	James Challis
Paignton Ladies	Mr Craig Mounty: 07584 256884
Paignton Men 1s	Mr Chris Lander: 07792 484868
Paignton Men 2s	Mr Jon Becker: 07447 045380, Mr Craig Mounty: 07584 256884
Paignton 3s/Rams	Mr Chris Lander: 07792 484868

Ambulance Access Point

Pitch Side	Main Pitch Car Park – Please see Map to Main Pitch 1 and/or Sands Road Pitch
First Aid Room	In Sands Road changing rooms 3&4 block (first door on the left)
Club House	Via Car Park – Please see Map Main Pitch 1 Via front door off Queens Road

First Aid Equipment Location

First Aid Kit	1) Pitch side with Team First Aiders and Venue First Aider
Defibrillator (AED)	1) Entering the clubhouse from the road, turn left towards the toilets. AED is on the wall halfway down on the right.
Stretcher, use by trained Individuals only	N/A
Other Equipment	N/A

Location of Local Hospitals/Services

Accident & Emergency	Torbay Emergency Department, Newton Rd, Torquay TQ2 7AA
Minor Injuries	Newton Abbot MIU, W Golds Rd, Devon, Newton Abbot TQ12 2TS
Pharmacy	Boots – 12-14 Victoria St, Paignton, TQ4 5DN Boots – Wren Retail Park, Browns Bridge Road, Torquay, TQ2 7BJ (7 DAYS A WEEK PHARMACY)

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MEAP Chain of Command & Procedures

1) Chain of Command

One of the following 'Leadership' attendees to take control and direction of the Emergency,

- a) MEAP Lead or more likely to be.....
- b) Team First Aider, Head Coach, Team Manager or Referee
- Assess situation > Direct available qualified First Aid personnel > **Request a 999 call is made.**
- Assess and minimise risk of any further injury.
- Notify Rugby Safe Lead as soon as practical, if not in attendance CALL NUMBER

2) Team First Aider or first on scene qualified First Aider

- **Assess injured, request call of 999 if not already actioned above, provide immediate care.**
- Call for other onsite First Aiders, Defibrillator or Medical Room facilities to assist as appropriate.
- Update inbound or arriving paramedics on evolving situation.
- Monitor and record any casualty developments post your care if taken to hospital.

3) Team Management e.g. Head Coach, Manager, Referee provide support as directed/required to

- Advise and update the casualty's emergency contact, also confirm any casualty registered pre-existing medical information to the attending First Aider/s.
- Be nominated person/persons to meet and direct ambulance & paramedics to the casualty.
- Provide shielding/privacy for casualty. Consider cordon & direct public away from incident or offsite.
- If directed by First Aider, arrange alternative transport to local A&E or Minor Injuries Unit ensuring accompaniment of additional chaperone for all Youths.

4) Air Ambulance if appropriate

- If the seriousness necessitates the support of an Air Ambulance, then a clearly defined safe landing area clear of personnel and impact hazards is to be established under the direction of the 'Leadership' above, e.g Sands Road pitch or cricket pitch

5) Key persons involved e.g. First Aider, Referee, Coach

- Acquire witness names and prep reports as necessary.
- Submit reports, including 'Reportable Incident' if casualty is admitted to hospital, supply to (Safeguarding) or ideally (RugbySafe Lead) ideally immediately following event or certainly within 24hrs.

6) Post event review

- Complete Paignton RFU Accident Report/ProActive online log

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- Executive review and implementation of lessons learned and process updates.

Transportation for an injured child player

- If an injury has occurred and emergency services are not required, it would be ideal for an injured child's parent / guardian to take them to the nearest Minor Injuries Unit (MIU) or Emergency Department (ED).
- A verbal transfer of the injury and first aid treatment by the First Aider to the child's parent / guardian is required.
- Local knowledge of the nearest MIU and ED is desirable and should be conveyed to the child's parent / guardian
 - Newton Abbot MIU, W Golds Rd, Devon, Newton Abbot TQ12 2TS
 - Torbay Emergency Department, Newton Rd, Torquay TQ2 7AA
- If a child player does not have their parent / guardian present but requires ED / MIU input but does not need an ambulance to get to these centres, it is a must for the parent / guardian to be contacted via telephone call straight away to inform them of the child's injury.
- If a child is left by the parent / guardian during a training session or match, it is vital that the Head Coach / First Aider has established an adult nominated by the child's parent / guardian to be responsible for them if needed.
- If for some reason a parent / guardian is unable to take their child to an MIU / ED and consent has been given by the parent / guardian a Team Head Coach or First Aider may take them to these centres.

Transportation for an adult player

- If an injury has occurred and emergency services are not required, it would be ideal for an injured adult player partner / carer to take them to the nearest Minor Injuries Unit (MIU) or Emergency Department (ED).
- A verbal transfer of the injury and first aid treatment by the First Aider to the adult's partner / carer is required.
- Local knowledge of the nearest MIU and ED is desirable and should be conveyed to the adult's partner / carer
 - Newton Abbot MIU, W Golds Rd, Devon, Newton Abbot TQ12 2TS
 - Torbay ED, Newton Rd, Torquay TQ2 7AA
- If an adult player does not have their partner / carer present but requires ED / MIU input but does not need an ambulance to get to these centres it would be ideal for the partner / carer to be contacted via telephone call straight away to inform them of the players injury.
- If for some reason a partner / carer are unable to take their associated adult player to an MIU / ED and consent has been given by the player a Team Head Coach or First Aider may take them to these centres.

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In the event of a Medical Emergency call the Emergency Services as quickly as possible on 999/112 giving as many details as possible

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PAIGNTON RFC

NOTES:

PLEASE DO NOT OBSTRUCT ANY GATES. THESE ARE EMERGENCY VEHICLE ACCESS POINTS Main Pitch 1 / Sands Road Pitch

**A DeFibulator is situated in the clubhouse, in the toilet corridor
Additionally, there is one on the exterior wall of the main entrance to the clubhouse.**

[Please see map below](#)

Other Supporting Documents

- PRFC Coaching / Volunteer Check List
- PRFC Safeguarding SOP
- PRFC AED SOP

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